

## PROFESSIONAL AFFILIATIONS

- Registered with Health Professions Council (OT49297) – CPD Checked in 2011
- Member of the Royal College of Occupational Therapists (BT0231245)
- Children, Young People and Families Specialist Section of the Royal College of Occupational Therapists
- Independent Practice Specialist Section of the Royal College of Occupational Therapists
- British Association of Bobath Trained Therapists
- Sensory Integration Network / ASI Wise
- The Association for Child and Adolescent Mental Health.
- National Back Exchange

## GRADUATE TRAINING

- Currently studying MSc in Attachment Studies
- Postgraduate Certificate in Sensory Integration
- BSc (Hons) in Occupational Therapy Second Class (Upper Division)
- BTEC National Diploma in Childhood Studies (Nursery Nursing)

## CONFERENCES ATTENDED

- Multi-Sensory Study Day April 2019
- Multi-Sensory Seminar October 2018
- Disabled Living Foundation Moving & Handling People 2016
- Disabled Living Foundation Moving & Handling People 2015: Safeguarding standards, sharing the vision
- National Back Exchange 2014

## LECTURING

- University of Vasile Alecsandri of Bacau, Romania – Faculty of Movement, Sports and Health Sciences: Occupational Therapy.
- The 3<sup>rd</sup> International Occupational Therapy Conference.

## SUPPORTING THE PROFESSIONAL DEVELOPMENT OF OCCUPATIONAL THERAPY

- East of England Lead for developing the Evaluation in Ayres Sensory Integration (EASI)
- Ongoing Student placement and mentoring from a range of universities within the United Kingdom
- Student placement and mentoring for the development of the Occupational Therapy role in Romania.

## ADVANCED TRAINING (ACCREDITED)

### Sensory Integration and Emotional Regulation

- Interoception and Early Learners: Establishing Body Listening from an Early Age.
- Attention Autism
- The SCERTS Model and Application – 3 days
- The Interoception Curriculum: Assessment and Intervention
- The Zones of Regulation

- Therapeutic Listening: Listening with the Whole Body
- Advanced Certificate in Ayres Sensory Integration
- Reducing Constraint and Behaviours that Challenge: Through the senses
- ASD: Intervention Strategies
- Is it Sensory or Is it Behaviour
- SOS Feeding
- Baby Sense
- Supporting Infant and Child Development through SI

### **Attachment and Trauma**

- Brazleton Newborn Behavioural Observations
- Eco-Sensory Therapy
- Just Right State
- Developmental Trauma
- Trauma Summit.
- Developmental Trauma for Professionals
- ACEs, Attachment and Trauma: New evidences in understanding and treatment: 2020 Emanuel Miller Memorial Lecture and National Conference.
- Safe and Sound Protocol
- The Child Attachment and Play Assessment
- Attachment: Parent-Child Relationships
- The Meaning of the Child Interview
- Neurodevelopmental Approach to Trauma-Informed Care
- Sensory Attachment Intervention Level One
- Attachment and Psychopathology – Special Topics
- Attachment and Psychopathology
- Sensory Attachment and Trauma
- Mental Health First Aid Certification
- Attachment Theory for Children with Disabilities

### **Neurodevelopmental and Rehabilitation**

- Beckman Oral Motor
- Test of Playfulness (TOP) and
- Test of Environmental Supportiveness (TOES)
- Paediatric Dyskinesia Study Day
- Cognitive Orientation to Occupational Performance
- Introduction to DIR Floortime
- Advanced Bobath: Early Intervention
- Health Coaching
- Bayley Scales of Infant and Toddler Development
- Bobath: 8 Week
- Bobath – Introductory Course
- Occupational Therapy for Physical Rehabilitation

### **Postural Care**

- Symmetrikit: Postural Care in Sitting
- Symmetrikit: Postural Care in Lying

- Chailey Postural Management

### **Upper Limb Management and Function**

- Children's Hand Assessment & Splinting
- Handwriting without Tears
- Management of the Upper Limb in Children with Neurological Conditions
- Kennedy Soft Splinting
- Neoprene Splinting
- DMO Lycra
- Neurological Splinting
- 3M Soft Cast Training

### **Special Yoga and Massage**

- Level 1 and 2 Special Yoga for Special Children
- Tui Na Massage for Autism